

"COMPLIMENTARY
COPY"

The WOODREW Update

GRETA WOODREW/DICK SMOLOWE • 448 RABBIT SKIN ROAD • WAYNESVILLE, N.C. 28786 • U.S.A.
A S.T.A.R. FOUNDATION publication: Donations Tax Exempt • (704) 926-3440

MAY/JUNE 1984
VOL. 3, NO. 5

PYRAMIDS

On Oct. 23, 1983 at John Hopkins School of Advanced Int'l Studies two leading Egyptologists involved in excavating the Giza Plateau announced news of a secret chamber beneath the Sphinx and the "discovery" of "the fantastic astral alignment of the entire plateau." This came as no surprise to anyone who has done reading in this area, specifically on the pyramids themselves.

It was, however, confirmation of some very interesting 'facts'. The pyramid structure is of such durability, it appears that it was deliberately built to withstand all forces of nature. It is the most perfectly built structure on this earth's surface. It is the world's most accurately aligned building to true north and it is composed of 2,300,000 blocks of stone, each stone averaging out at 50x50x28 inches and weighing between 2 1/2 and 3 1/2 tons apiece. This building is placed uniquely in the center of the earth's land mass at latitude 30 degrees/longitude 30 degrees-- exactly where these two lines cross within 1 degree. We can conclude that the builders must have had highly accurate information of the geography of the entire world. Built into this structure are precise mathematical, geometric, astronomical and geodetic information.

Three basic measurements of the pyramid, all on the same scale, match the three key geodetic values of our planet so precisely that it is illogical to suppose they are the result of haphazard design. They are: THE POLAR CIRCUMFERENCE OF THE EARTH, THE EQUATORIAL CIRCUMFERENCE OF THE EARTH and THE DISTANCE FROM THE EARTH'S CENTER TO THE NORTH POLE. All measurements are within millimeters of accuracy.

Elmer D. Robinson, a John Hopkins mathematician who is the leading expert today in golden number calculations, concludes: "The analysis and mathematical

modeling of the Great Pyramid indicates that the ancients (Egyptians?) had a knowledge of geometry and mathematics for which few historians and archeologists will give them credit. The evidence is strong that...(they possessed) a level of mathematics on par with our own abilities reached only within the last century and a half."

But did they? Knowledge based upon an understanding of fundamental cosmic principles is evident in every aspect of the ancient Egyptian system. It is unlikely the Egyptians developed this system; more likely, they inherited it. The ancient Egyptians themselves say they received knowledge relating to the use of EM fields from another source much more advanced than they. They referred to this source as their ancient ancestors from before history as we know it; those who knew how to control the forces and energies of the atmosphere of the universe. After millenia of centuries, the Egyptians had a corrupt, grossly altered assortment of information. Except for some basic fundamental knowledge, most of the information was lost forever with the steady decline of this once great civilization.

The pyramids stand as testimony to that lost body of information. Enclosed spaces create vibrational patterns. Researchers agree that the pyramid form is an accumulator of cosmic forces and concentrates these energies at specific locations within its structure, where they can influence animate and inanimate objects. The pyramid is a unique 3-dimensional energy pattern that amplifies universal energy. There is no doubt that magnetism is intimately involved with the pyramid's function.

Today we know that right-angled walls and ceilings inhibit the easy flow of energy fields and so, in effect, we are bombarded by distorted forces. The geometric forms in which we spend most of our lives influence

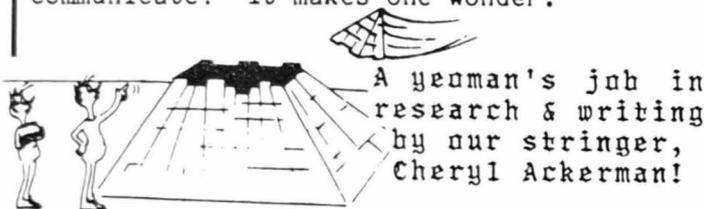
our health. It is known that spheres, domes, cones and pyramids, all being examples of dynamic geometry, definitely have a harmonious effect on our bio-energetic systems. In the last issue of the Update we became acquainted with a web of earth energy called "ley lines" and we read about the technique of "rooting" into these energy lines. Many power centers where energy lines converged were often marked by a large stone structure or mound or tower structure. If a world-wide energy web of lines did indeed exist, then a world center may have also existed. It also appears feasible that the major world center of energy would probably be found at the center of the planet's land mass--in other words, at the site of the pyramids. Was there once an entire earth energy system which collapsed ages ago when its builders were no longer around and the remaining society no longer had the capacity to cooperate or communicate? It makes one wonder.

ψ
 W We couldn't communicate with any other species (all of whom we consider less evolved). He even questioned our ability to communicate with all of mankind, in light of events taking place on the planet. This was certainly a lesson in humility, considering that we manipulate the environment and dominate all other species.

During the three hours that followed, Aisell showed us how he was able to carry on two-way communications with every species at Sea World. Yet, never did he use the channel to make any vocal sounds (other than to talk to us). Since that awesome experience we have tried to gain an understanding of the method used by Aisell on that wonderful day. In Initiation, Elizabeth Haitch describes non-verbal communication: "For the most part we meet through uniting our consciousnesses...and in this union we see each other's thoughts."

Recently a fellow Updater loaned us the lovely book Kinship With All Life. In it, author J. Allen Boone describes a relationship that he established with the movie dog, Strongheart, in which there were no barriers to communication and understanding. Boone credited his four-legged trainer in establishing this non-verbal communication. "With the dog's patient and guiding help, we were able to communicate our individual states of mind to each other and to exchange points of view. His innate wisdom had topped my intellectual reasoning at every point." In describing the method used in opening the channel of communication, Boone said, "I relaxed into a pleasing feeling of suspended animation. When I went into that blank state of mind, without knowing what I was doing I had become mentally open and receptive. I had at last made contact with that seemingly lost universal 'silent language'. As the ancients pointed out long ago, all life is innately equipped to speak with all life whenever minds and hearts are properly attuned."

The Ogatta group has pointed out that telepathic communication is common to most civilizations in the cosmos. There can be no secrets and deviousness when your thoughts are available for all to receive. To add emphasis to this point, Strongheart gave this lesson to Allen Boone: "Each visitor to your house is constantly broadcasting the real facts about himself, his thinking, his feelings and his emotions. Nothing that any of them do on the outside can possibly hide these facts from any alert animal or human."



ON NON-VERBAL

COMMUNICATION

While visiting Sea World in San Diego a while back, we had an unforgettable experience: we received a lesson from an extra-terrestrial. An entity named Aisell assumed the channel and asked if we would like to communicate with the sea mammals and other species we were about to see. He proceeded to call each of the species as we came to their pools, and, using words with us, had these sea mammals and fish specimen silently respond to what he had just verbalized (i.e. flip over, turn right, swim left, dive, etc.)

At the dolphin exhibit I asked if the dolphin was of a higher or lower level of evolution than mankind. Aisell said that he didn't like to use comparative terms when discussing any species. The point he made was that regardless of where we pegged the evolution of any species on the human scale, all species are highly evolved when communicating with their own. And, as if to throw a curve at mankind, he asked if we thought that the human species was the most evolved on the planet. "Yes! Of course!", I replied. Aisell then said that for the most advanced species on the planet wasn't it odd that



Playing Glacier at Reisha Way

We are remineralizing the soil at Reisha Way. Nature's method requires both glaciers to grind the rocks in the top layers of the earth's crust and winds to carry the rock dust to other points around the world. Here on our mountain top, we're playing 'glacier' by spreading ground rock from a local glacial gravel pit on our land. It has the same effect as natural remineralization (we think) and can be done with far less trauma than an 'ice age'.

The thesis of soil remineralization came to our attention in John Hamaker's important book, "The Survival of Civilization". He says that glaciation occurs whenever soil minerals left by the last glacial period are used up and plant life can no longer regulate the air's rising level of carbon dioxide (CO₂). Since plants are the prime removers of CO₂ from the atmosphere, the degeneration of our forests and green areas allows for an ever-increasing atmospheric CO₂ build-up. The Environmental Protection Agency and the National Academy of Sciences have both reported on the CO₂ build-up. (Although we believe their conclusions are erroneous--see Update Jan/Feb '84--we share the Agencies' concerns about a CO₂ explosion.)

All of the trace elements and minerals needed for life to exist as we know it are contained in glacial gravel. It is part of what we call the "seven step chain" to life that allows [1]-soil micro-organisms to get the trace elements to [2]-produce the enzymes needed to [3]-make the protoplasm compounds required by the plant roots. Then [4]-plants convert the energy of the sun and [5]-release oxygen while withdrawing CO₂ from the atmosphere to [6]-maintain the proper CO₂ balance while [7]-providing all of the nourishment that is needed by all species on the planet to survive. (Whew!!)

If this seems complicated, know that the legendary Hunzacuts of the Hunza Valley, healthiest and longest-living people, add to their soils each year a mixture of finely ground stones from the local Ultar glacier. Closer to home, but ten thousand years ago, the Mississippi Valley was fed and built up by a runoff from the glaciers. Corroboration came from the U.S. Dept. of Agriculture in 1959 and again in 1963 when the fertilizer laboratory in Beltsville, Maryland

released articles stating that nature's gravel dust methods do indeed work.

At Reisha Way we are adding about one ton of gravel dust per acre in our pastures, and spreading it much more thickly in our vegetable gardens. Hamaker reports adding 40 to 80 tons of river gravel screenings to his organic garden with outstanding results. Alan LePage of Barre, Vermont added about 6 inches of gravel screenings to an infertile, waterlogged section of his farm and reported "the development in the soil must have been awesome because the plants showed no interest in terminating growth." We will report our own results as the year progresses. Meanwhile, it certainly is fun being able to apply some of the things we read and think about to our own fields.



An additional note on a related matter: Scientists are now concluding that the May 1980 eruption of Mt. St. Helens in Vancouver, Washington, far from being a disaster, may in fact have been something of a Godsend. Not only are the trees and wildlife in the area recovering far more rapidly than expected, but wheat and other crops have actually improved. Why? Because the scattered volcanic ash "...worked like a mulch--it held the soil moisture in the ground," Scott Hanson of the State Wheat Commission told the AP wire service. This conclusion should hardly come as a surprise to Update regulars. As reported (Update Mar/Apr '83), geological forces such as earthquakes, volcanoes and glaciers balance erosion by rescuing vital sediment from the ocean floor. At Reisha Way, we're playing glacier--but we're not quite ready yet for a game of volcanoes!



"If you reveal secrets to the wind, you should not blame the wind for revealing them to the trees." -Kahil Gibran



MOUNTAIN MUSINGS

Living on the mountain is like re-entering the classroom. There are so many skills to learn, so many activities to observe, so many things to do. Take the schedule I have substituted for my daily commute to New York. I wake up at 6 A.M. and start a routine. To those from rural America it's known as 'chores'. To me, it's seeing my four-legged friends. The group divides into three categories: house friends, goat pen dwellers, and the barnyard/pasture group. The behavior of each group is very consistent and I know what to expect each day. (This is NOT a statement I could make when I entered the business world in New York.)

The 'house friends' are four in number and dwell just outside our house at Reisha Way. There is Atom, a Golden Retriever over a year old, and his side-kick, Ufo, a Golden Retriever puppy. They have separate dog-houses, but prefer to bunk together. Atom acts as Ufo's friend, teacher, mentor, and surrogate father when needed. Those of you who have had this smiling breed know that the puppy stage is the longest continuing comedy routine in town. Complementing the dogs are Thomas the Cat, and Yoda, Tom's daughter, born into Greta's hands. While the former is a grey, travelling Tom, and the mother is a black and white alley cat, Yoda has crossed blue eyes and all of the other markings of a full blooded Siamese. (How would you explain that?) They have their own "cat house", separated from the dogs by a closed gate which they can get through but the dogs cannot. Tom raised Yoda after she was taken from her mother, and now acts as second surrogate for Ufo when Atom isn't on the job. It's a cozy setup and a great learning experience for us to see how animals of different species get along and care for each other, while simultaneously maintaining separate traits and exercising their own territoriality. Mankind could learn a myriad of survival techniques by observing this selfless but self-sufficient foursome.

The goat-pen dwellers currently number five. There are Mignon and Heidi, two pregnant nanny goats who could explode the population momentarily, and Banjo, an emasculated Billie, the father of the unborn kids. (We got to him too late.) Greta's Father's Day gift to me was Lambchop, a beautiful blackfaced white sheep, followed on our

anniversary by Dalai the llama. After the 'house friends' have been brushed and have eaten, my routine takes me to the pasture of the goat-pen dwellers. This constitutes an outing, and I'm chaperoned by most of the 'house friends' who like to feel part of the process. The five goat-pen dwellers live in total harmony, but differ aggressively in their eating habits. Because of this, a separate technique is required to feed Dalai or he would lose his food to the goats. I put a leash on Dalai's muzzle and walk him like a big dog. During the walk I groom him, and feed him out of my "magic pocket" which contains a mixture of horse grain and rabbit pellets. Shortly after I started this, an old bromide came to life: "She follows like a sheep". It's very true. Lambchop followed me to the gate when I leashed Dalai and took him up the road. One day I let Lambchop come along and now she is part of the entourage. If you happen to drive into Reisha Way around 7:30 any morning, please watch for a weird person walking his pet llama and sheep, alfalfa hay dripping from his pockets, accompanied by his dogs & cats. (Any of you 'stress counselors' add to your list of stress-release activities, walking your llama and sheep. It is guaranteed to succeed!) Our walk takes us to the front door where one of us rings the door chimes, and Greta joins the group for a few moments of togetherness.

The final phase of my 'commute substitute' takes me to the barn and pasture group. We have plenty of good grazing pastureland for our horses, Star and Sam, but during the winter months they require supplementary help from bailed hay and horse feed. They understand these early morning visits and head directly to their feeding stalls. (Later in the day a visit from us would mean "it's time to carry those dead-weights around on our backs!") By the time this routine has been completed, an hour or so has passed, and I'm back at the house and ready for the day's work projects.

The only comment that I'd like to add to this 'living on the mountain' is that in the year-and-a-half that Greta and I have been at Reisha Way, the beauty of our planet has become more focussed for me. The sunsets seem brighter, the twilights duskier. In short, I feel fifteen years younger than when I first arrived. And let's face it... that's not all bad.



"Man's Inhumanity to Man and Nature's Plan"

Quoting THE REAPER, 3/8/84: "The harsh and variable weather and climatic changes which are clearly the trend now, have, with 100% historic reliability, destroyed centralized federal governments. It will destroy ours within the next 8 years. The trend is toward fragmentation and decentralization - local government and individual responsibility. The movement toward a One World Order will fail. It is precisely the wrong thing at the wrong time in history climatically speaking. And we are headed for some of the worst earth changes we have seen in 5,000 years of human history. What we have experienced so far climatologically over the past three to four years is simply a return to what has been historically a normal climate." Mother Nature must have agreed with McMasters at the Reaper. At the end of March she put on an awesome display of her power: Mauna Loa and Kilauea, sister volcanoes on the big island of Hawaii, erupted simultaneously for the first time in 116 years, endangering Hilo, the island's largest city. A freak storm battered the Eastern U.S. and 45 tornadoes struck No. & So. Carolina. Thousands had to be evacuated from coastal regions in New Jersey because of flooding. Wind-whipped waves chewed up part of the famous boardwalk in Atlantic City, and a 166 year old 60-foot stone lighthouse was swept away on Nantucket Island off Cape Cod. Across the globe a powerful earthquake rocked broad areas in Soviet Central Asia. The Russians, while not quick to report internal disasters, described the quake as "devastating"...with extensive damage.



Mexico City has turned into the noise capital of Latin America. Noise levels have quadrupled in 15 years to a deafening average of 80 decibels in many neighborhoods, according to the Mexican newsmagazine, Punto, which warns, "Drastic measures to control noise must be applied...or Mexico City will become unhinged." Some of you will remember the lead article in Update Vol.2, No.4 titled "On Hearing Deprivation...AN ENERGY EVENT". In it we said that problems can result when everyday frequencies within normal range are amplified or excited to abnormally high levels. Excessive noise is an example of one energy that can be deleterious to your health.

"Desertification", the deterioration of productive land into deserts, continues without letup at the rate of 14.8 million acres a year. According to the chief of the desertification branch of the U.N. Environmental Program in Kenya, Gaafar Karrar, we could lose one-third of the world's existing farmable area by the year 2000. The spread of deserts threatens 35% of the Earth's land surface, or about 45 million square miles, directly affecting approximately 850 million people.



The journal, Foreign Affairs, is an intellectual quarterly publication detailing the foreign policy record of the United States and many of the political crises occurring around the world. It is written by academics for academics and other foreign policy intellectuals. We were therefore very interested when we read a piece of "Nature's Plan" in the winter issue in an article entitled Africa Beset. We quote from J.S. Whitaker's article: "Nature smote Africa with particular fury in 1983. Drought struck parts of Sahel, West and Central Africa, the Horn, and the southern African breadbasket, killing crops and heightening the vulnerability of livestock to the epidemic rinderpest disease...From the Atlantic to the Indian Ocean, the second year of poor rains has devastated crops in South Africa and its neighbors. Zimbabwe, which exported food to 15 African countries in 1981-82 (and in 1982 sold the U.N. a third of the food aid provided under its World Food program in Africa), incurred a 1983 drought bill of almost \$500 million...South Africa weathered what was in some areas the worst recorded drought in two centuries. This season of arid weather may permanently reduce the fertile areas...The nations of Africa are less and less able to feed themselves. According to a World Bank estimate, more than 60 percent of Africa's population eat fewer calories a day than the United Nations has estimated are necessary for survival."



Tom Blair in San Diego explains the difference between involvement and commitment: "When you look at a plate of ham and eggs, you know that the chicken was involved. But the pig was committed."

1984

W

Much is being written about George Orwell's epic book, "1984", because the year is here. The significance, however, isn't the date. 1984 is an anagram of 1948, the year the book was written. The impact of the book lies in its message of the government's interference in our daily lives. Many believe the book was directed at the Russian totalitarian form of government. Indeed, "1984" is banned in the USSR with very heavy penalties imposed on anyone caught with the book. Most of you have read the book and have formed your own opinions. But we want to share with you the analysis of Harry Schultz published in his International Letter.

"Not only do I now fear internal controls more than external war, but I want to define the internal threat. My worry is not so much toward a single Big Brother dictator or even a Politburo group of dictators. Rather it is the nature of man I fear. Why? Because power corrupts. As we have moved & are moving toward bigger govt, we get more bureaucrats, which means giving nearly absolute power, in every nation, to hundreds of thousands of civil servants, who have total control over specific areas of your life. Man is too weak, by & large, to resist the surge of power, to rule over others, arbitrarily. Whether it's a driving license clerk/inspector/tester, or a postal-counter person, or a city planning commissioner/clerk/aide, or a passport/customs official, a govt tax auditor, etc. Each is a little tin god for his little department & you have no power against them. Put all these little tin gods together & they are a collective Big Brother! BB already exists. He grows as govt personnel numbers grow. To kill BB, you must cut off govt payrolls. There is no better way."

The Cosmic Watergate

Given the extravagant amounts of publicity that attended Watergate, Billygate, and Debategate, we feel that the Cosmic Watergate deserves a bit more attention. Our favorite UFO watcher, Dr. J. Allen Hynek, who was the chief debunker for the U.S. Air Force's Project Blue Book for two decades, makes some interesting points in his newsletter. Hynek notes that the U.S. government's efforts to cover up UFO information has a decidedly schizophrenic complexion. On the one hand, officials "completely and publicly (disavow) any serious concern with UFO reports...on the grounds that UFOs do

not in any way affect national security." On the other hand, the "Government and its military branches were, and still are, deeply concerned with UFOs precisely on the grounds that the do affect national security." The net result is a refusal on the government's part to release sensitive UFO-related documents.

Hynek's information comes in large part from a dedicated group called Citizens Against UFO Secrecy. This group has gone to great lengths to obtain CIA and NSA documents through the Freedom of Information Act (FOIA). After wending through the court system, the group finally reached a Federal Appeals Court which ruled that release of such documents "would seriously jeopardize the work of the (NSA) and the security of the United States." Now, it does not take a Sherlock Holmes to see that the government has UFO data it does not want to share with the public. So persistent government proclamations about official disregard for UFO reports must be met with firm suspicion.

We realize that this is 1984, the year of Newspeak, but really the contradictory statements coming out of Washington can not fool even a child.

BB

BROTHER IS



Our thoughts go out to Ann Smolowe who is fulfilling a dream by walking the entire Appalachian Trail from mid April to mid October, a total of 2100 miles. Past Southeast Regional Manager and Manager of Corporate Services for the American Stock Exchange, she has the blessing and backing of many of her companies who are donating "a dollar a mile" to their favorite charities in Ann's honor. Few women have made this trek solo, and none have done so in quite the method which Ann is planning. When she returns from having accomplished this prodigious feat on the "A.T.", having walked from Georgia to Maine, we know that she will share her experiences in many survival aspects with other Updaters. We wish her Godspeed.

"Against All Odds"

In Update Vol.3, No.2, we quoted Wolfgang Di Pauli, who won a Nobel Prize for laying the cornerstone-principle in modern physics, and who had this to say when defining coincidences: "Coincidences are the visible traces of untraceable principles." Of course, mathematicians can explain coincidences by known laws of statistical probability; but when laws of probability deem events to be statistically improbable, those events are still possible. Probability does not explain that much. Carl Jung recognized this and collected examples of rare "coincidences" all of his life. (He privately felt that coincidences were "...the work of an unknown force seeking to impose universal order"!) Even Albert Einstein's own theory of relativity was a puzzlement to its creator when it came to the subject of coincidences.

Rupert Sheldrake, the British plant physiologist, proposes that "...each human may transmit a field through which we unknowingly communicate acquired knowledge and whole bodies of information to others, present and future, worldwide." His theory comes from research in crystallography. (Remember him from our editorial on morphogenesis?)

And sociologist Ithiel de Sola Pool of MIT has demonstrated that any randomly selected American can be linked to any other randomly selected American adults by only two intermediates in 99 in 100 times. I.e., if you and John Doe were the two randomly picked people, Doe will know someone who knows someone who knows you. In our own extensive travels, we have come to suspect that there are, indeed, "only four hundred people in the world". We always manage to connect with someone we know (even on a tiny island in the Baltic Sea!)

One of the wildest "coincidences" in American history is the date of death of John Adams and Thomas Jefferson, the 2nd and 3rd U.S. presidents. Why? It was on July 4, 1826, the 50th anniversary of the signing of the Declaration of Independence.

In his book, "Against All Odds", George Bryson suggests that the next time you are with 22 strangers, ask each to disclose his or her birthdate. The odds are better than 50-50 that among the group of 23 chosen at random, at least 2 will have identical

W

birthdays. Dick and I have tried this and it works! Ah, coincidences...a mind boggling subject indeed.

Self-Treatment for the Eyes

When Dick and I went to China, we were struck by how few people wore glasses. Even the elderly artisans who stitched intricately delicate embroidery did their work without benefit of eyeglasses. Then, we were taken to various schools to see the children at work and play, and we noticed that every morning, the children were expected to do their one-minute eye exercises. American children pledge allegiance to the flag and Chinese children do eye exercises! Part of their homework is to repeat the eye exercises once in the evening for a total of two minutes each day. And it works! The simple stimulation of ancient acupuncture points for the eyes is done with a massaging motion of the fingers...and this stimulation of the points helps to maintain healthy eyes and at the same time functions as therapy for eye disorders. Here are those exercises as illustrated on the eye-charts in the schools we visited:



Use thumbs to massage inside eyebrow corners with other fingers slightly curled against forehead.



Use thumb and index finger to massage nose bridge. Press downward and then upward.



With fingers curled under and thumbs on each side of forehead, use the sides of the index fingers to rub outward following the diagram pattern:1-2-3-5-4. With thumb on lower jawbone, place index fingers and middle fingers together against both sides of nose near nostrils. Then lower middle fingers and massage the cheeks where the index fingers remain.



Each of the above simple exercises are done 8 times for a total of one minute of massage twice a day. The results are amazing! Try it, and after a while it will become as automatic to your routine as brushing your teeth. It will help you to "see clearly".

Our eyes are the only area outside our skulls that contain brain cells.



A 'DIRTY BLOW'

Well, the furnace cut off and the oil backed up. And down. The smoke alarm went off at 2:20 in the A.M. revealing that almost every inch of Reisha Way was covered in oily soot from ceilings to floors. So what else is new? We were determined to keep it all in perspective throughout the ten 16-hour days of cleaning crews and insurance inspectors. It could have been worse. It could have been a fire. An experience such as this one certainly tells a person what is important and what is not. You find out what you can live with...and without. The company continued to flow through - and put up with the chaos and inconveniences imposed unexpectedly. Life is almost back to normal. What was new..or looked new..certainly now has had wear and tear, but Dick and I have learned quite a bit as a result of the accident. We found that together we could laugh in the face of adversity. We realized that dwelling on the positives certainly minimized the negatives which had a way of fading surprisingly quickly. We discovered that offers of help, and extensions of friendship, were forthcoming from the least expected places. And we reaffirmed what we already knew: that 31 years of married life is a comforting backdrop against which to work things out when life goes amuck and deals you a very 'dirty' blow.

UFOria

Yes, it's official! There ARE such things as UFOs. The Ministry of Defense of Great Britain, at the urging of the UFO group in the House of Lords, has finally come clean. We reported the founding of the All-Party UFO group in the British Upper Chamber in the July/Aug 1982 Update, and are delighted at their ability to hang in there and get a result. Until now the government had always refused to release details of UFO incidents passed to it. For openers, copies of 16 reports of sightings over Wales have been sent by the Ministry of Defense to the British UFO Research Assoc. Bravo!



When an eighty year young Updater visited Reisha Way recently and was asked the best part of being an octogenarian, he answered, "So little peer pressure!"

The Woodrew Update: A S.T.A.R. Foundation publication. 1 year subscription with donation of \$25 or more to S.T.A.R. Back issues: \$4 each.

Information herein is gathered and condensed from sources believed reliable, but cannot be guaranteed as to accuracy or completeness.

Reproduction or copying of WOODREW UPDATE is not permitted without written consent of the editors.

Copyright 1983: The Woodrew Update.

Talking to Plants: Experiment

The flood of mail with positive results on our experiment of talking to plants was a joy to receive. The few of you who opted to use music had marvelous results as well. Here is a picture of the results from a Midwestern Updater--and one look is worth a thousand words. Except for this comment from Bob Schochet: "Yes, I talked to my plants. I talked to my electronic plant in Pennsylvania and my textile plant in New York." Well, we can't win 'em all!



MEMO

Many of you have sent for specific and back issues of the Updates at \$4 each. Should anyone want a complete set for personal record and reference, or as a gift, however, they are now available as a Spring Special of \$50 for the entire package (tax deductible, checks to S.T.A.R.). As one original subscriber wrote: "We keep a full set, in sequence, in a 3-hole binder. It's great to be able to 'think and relate' to daily material through the Update pieces."

S.T.A.R. ACTIVITIES

The working blueprints for the S.T.A.R. House were finalized at a meeting in Winston with architects, builder, electrician, plumber, solar expert, and yours truly. It will all become a reality this week when we actually break ground. Computer sketches are in the making so that you can dream along with us. Very exciting!

All roads lead to...Reisha Way (pronounced REE-sha). Updater visitors included Brown & Reisner (CT), Pecks (IL), McDevitts (CAN), Burns (VA). Repeat and welcome guests were Pearlman & Addario (CT), Lotmans (PA), Sonnabends (FLA). Healing thoughts go to the Majewskis who had to cancel their trip from California. And speaking of subscribers, we are now represented in 13 foreign nations with our latest Updaters in Egypt. Get that 'echo' going!

"If we do not change our direction, we are likely to end up where we are going."